



WEEK COMMENCING 5 JUNE

WHAT'S COMING UP THIS TERM

Careers @ Newstead Wood School

This summer is full of chances to explore your future, build skills and gain real experience. Here's what's on:

CITY PAY IT FORWARD - SEMI FINALS | WED 17 JUNE

Team RadiKcal will represent our school in the semi finals. They'll compete for a place in the final at Drapers' Hall. Good luck to the team!

UCAS LAUNCH DAY (YEAR 12) | TUE 8 JULY

Start your university journey:

- Learn how the process works
- Begin personal statements
- Explore courses and pathways

JACK PETCHEY "TALK ABOUT YOUR FUTURE" WORKSHOP (YEAR 12) WED 9 JULY

A session to help students:

- Reflect on their goals
- Build confidence
- Strengthen communication skills

CAREERS WEEK | MON 13 - FRI 17 JULY

A week of inspiring activities for all year groups.

Work Experience (Years 10 & 12) Mon 13 - Fri 17 July

Gain insight into the world of work:

- Build independence
- Develop workplace skills
- Explore career options

8 Billion Ideas Programme: Exciting Career workshops for Key Stage 3:

Mon 13 July - Year 8

Tue 14 July - Year 9

Wed 15 July - Year 7

Get Ready!

Stay organised, check emails/Unifrog, reflect on your experiences and get involved.

For help or a chat Visit me on the 2nd floor (opposite Support, next to the library) or [email me](#)



Mrs Clarke-McDermott
CAREERS LEADER

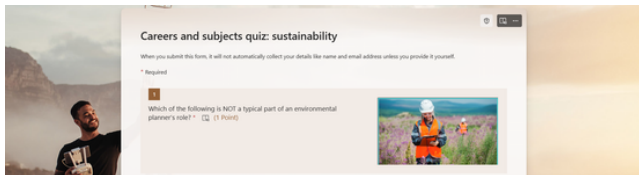
THE GREAT BIG GREEN WEEK

Take part: 6th to
14th June

Great Big Green Week is the UK's biggest celebration of community action to tackle climate change and protect nature. You can find local events [here](#), make sure to check it out and attend if you can.

There are thousands of Green Careers, you can learn more about them through Unifrog. Join a modern work experience, sponsored by the Woodland Trust - [Careers in Conservation](#). Not only will you learn more about different careers, you also get a certificate on completion. Alternatively, [discover the land and environment sector with Lantra](#), find career library and sector profiles.

Once you have explored some different careers, why not take the [sustainability quiz](#) to see how much you know.



From the 15th to the 21st June schools in the UK will be celebrating My Money Week, a great opportunity for students to think about their financial future.

Why not try your hand at investing for your future in [Raise](#), and online game developed by the Young Enterprise. If you want to delve deeper into how you can look after your money, take a look at the [Your Money Matters](#) financial education textbook. It really is a great resource!

Medic Mentors - Virtual Work Experience

We are delighted to offer students the chance to sign up for the Medic Mentor free 6-month medical or 4-month dental virtual work experience programme.

This is the LAST CHANCE for students to explore specialties in General Practice and Public Health & Oral Pathology before the next rotation begins next week. Aimed to provide students with insights into the medical and dental fields, this free virtual work experience empowers students to make informed decisions about their future. Students can find out more [here](#).

In order to gain access to the work experience, students will need to have attended a Getting into Conference.

For aspiring Doctors [sign up here](#):
Saturday 6th June, 9am - 1.30pm



Students aged 14 - 18 are invited to attend with a parent or guardian, equipped with a working camera and microphone.

Imperial Summer Schools

Attending a summer school is a great way to explore your interest in STEM and discover more about Imperial. Applications for their free residential and non-residential summer programmes are now open. [Visit the Summer Schools webpage](#) to learn more about the programmes, eligibility criteria, and how to apply.

Work Experience (Years 10 & 12)

Work experience week (13th-17th July 2026) is fast approaching. Students should now be actively securing placements and completing the required paperwork on Unifrog. If support is needed, please speak to the careers team - we are here to help.



Apprenticeship Webinars

AIM London have published their remaining Spotlight Webinars for this academic year. If you are interested then make sure you book and attend. These webinars are not available to watch later.

Apprenticeships in the creative sector

Date: 16/06/2026 from 5pm


[Book here](#)

 Join us for an inspiring spotlight webinar exploring the range of apprenticeships available in this sector and hear from leading industry employers who will discuss their current and pending vacancies including application top tips. Will include apprentices who will describe their experiences.

Inclusive apprenticeships for SEND learners

Date: 23/06/2026 from 5pm


[Book here](#)

 Join us for an inspiring spotlight webinar exploring how apprenticeships can work for learners with Special Educational Needs and Disabilities (SEND). This session will shine a light on the different pathways into apprenticeships for SEND learners, including supported internships, and how these routes can build confidence, skills and readiness for sustained employment.

Apprenticeships in the experience economy and hospitality

Date: 07/07/2026 from 5pm

[Book here](#)

 Learn about the range of apprenticeships available in this sector and hear from leading industry employers who will discuss their current and pending vacancies including application top tips. Will include apprentices who will describe their experiences.

Upcoming Webinars



Economics taster: does money make us happy?

Students Virtual

How do we make choices, and what really drives happiness? In this session with the University of Plymouth you'll explore how economics helps to explain our everyday decisions, from spending time and money to responding to pressure. Using real-world examples, you'll discover how economists think about behaviour and wellbeing, and why happiness is about more than just income.

> Wed 10 Jun 16:30-17:15 UK time

[Sign up >](#)



What can comic books teach us about great leadership?

Students Virtual

In this session with the University of Chester, explore 'Graphic Leadership', a comic series that turns real workplace experiences into visual stories. Discover how comics can make complex ideas easier to understand, build empathy, and help teams explore decision-making, communication and leadership in a more engaging way.

> Wed 10 Jun 17:30-18:15 UK time

[Sign up >](#)



Graphic design taster: how can design create change?

Students Virtual

How can graphic design influence the way people think and act? Join this session with the University of Southampton to explore how designers use creativity to respond to social, cultural, and environmental issues. Through a live project with Kew Gardens, discover how ideas develop from concept to outcome, and how tools like 3D modelling can be used to create engaging visual stories.

> Thu 11 Jun 16:30-17:15 UK time

[Sign up >](#)



What do criminologists actually do?

Students Virtual

Curious about what drives criminal behaviours? In this session, you'll join St Mary's University, Twickenham to discover what criminologists do every day. Through case studies and polling, you'll look at policing challenges, prison overcrowding, and emerging forms of crime and harm, and start to think about the type of criminologist you might want to be. You'll also learn about studying crime and punishment at university, and discover the doors a criminology degree could open for you.

> Thu 11 Jun 17:30-18:15 UK time

[Sign up >](#)



Pharmacology and pharmaceutical science: solutions in health, from lab to life

Students Virtual

'Just think about the idea that two compounds, almost completely identical but subtly different, could be the difference between healing a disease and killing you.' In this webinar, Dr Steve Hall from Lancaster University will help you discover how drugs are developed, how they interact with living systems, and how they affect our bodies - crucial to health in our society. You'll also learn what it's like to study pharmacology or pharmaceutical science at university.

> Thu 11 Jun 18:30-19:15 UK time

[Sign up >](#)

Do not forget to log any activities / workshops or other events you attend on Unifrog under 'Activities'

University Specials



Unifrog Global University Fair

Students Parents Virtual

Chat to over 30 universities from across the world in just two and a half hours! Choose from over 15 live webinar sessions to get an insight into all things university, and get your questions answered via live chat Q&A by university experts. Click below to visit our events platform to register, find out which universities are attending, and view the live session programme!

> Wed 3 Jun 15:00-17:30 UK time

Sign up >



Degree apprenticeships explained

Students Virtual

Part of event series: [University discovery: HE advice and the things you ought to know](#) >

Join our webinar to discover how degree apprenticeships let you earn a salary, gain real work experience, and graduate with a university degree. Learn how they work, how to apply, and find out what a typical day for a degree apprentice looks like. This session will give you the insights you need to take the next step, get your questions answered, and help you decide if degree apprenticeships are the right route for you.

> Mon 8 Jun 16:30-17:15 UK time

Sign up >



Everything you need to know about personal statements

Students Virtual

Part of event series: [University discovery: HE advice and the things you ought to know](#) >

Your personal statement is an opportunity to demonstrate your passion and secure that spot on your dream UK university course. Sign up now to hear from the university admissions experts to get practical tips for a winning personal statement, what to and what not to include, and what you can do now to make sure your personal statement really stands out!

> Mon 8 Jun 17:30-18:15 UK time

Sign up >



Navigating the maze of student finance and savvy living at university

Students Parents Virtual

Part of event series: [University discovery: HE advice and the things you ought to know](#) >

Being independent is freeing, but it can also be expensive! Make sure you're on top of your finances by attending this webinar, where you'll hear from universities on all things UK student finance, including information about loans, scholarships and bursaries, and how to enjoy your university experience on a budget with top tips for sensible spending and budgeting.

> Tue 9 Jun 16:30-17:15 UK time

Sign up >



Life at university: beyond the books

Students Virtual

Part of event series: [University discovery: HE advice and the things you ought to know](#) >

University doesn't just have to be about studying! No matter where you go, you'll always find students who share your passion, be it sports, music, gaming, reading, or something else! Universities are joining us on this webinar to discuss the benefits of extra curricular activities and how to get involved, and you'll also hear from a current student about their student life experience whilst studying.

> Tue 9 Jun 17:30-18:15 UK time

Sign up >

University Specials



University mini-masterclass: future ready business founders and mastering entrepreneurship in an AI driven world

Students Virtual

Part of event series: [University mini-masterclasses](#) >

Ever wondered what studying business and entrepreneurship at university is really like? Join us for three mini-lectures that give you an inside look at the latest trending topics and cutting-edge research being taught at universities today! You'll hear from the University of Hertfordshire, Royal Agricultural University and University of Portsmouth London as they explore entrepreneurship, start-up success and skills to thrive in an AI-powered world.

> Mon 15 Jun 16:30-17:15 UK time

[Sign up](#) >



University mini-masterclass: thinking like a psychologist

Students Virtual

Part of event series: [University mini-masterclasses](#) >

Ever wondered what studying psychology at university is really like? Join us for three mini-lectures that give you an inside look at the latest trending topics and cutting-edge research being taught at universities today! You'll hear from experts at the University of Birmingham, Sheffield Hallam University and University College Birmingham as unpack topics such as the psychology of pain!

> Mon 15 Jun 17:30-18:15 UK time

[Sign up](#) >



Why should you study in the UK?

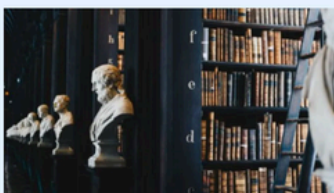
Students Virtual

Part of event series: [Study in the UK](#) >

Thinking about studying in the UK? Join this session to explore what makes the UK one of the world's most popular study destinations for international students. UK universities offer many benefits, from world-class teaching and student life to global career prospects. Hear from representatives from the University of Surrey and the University of Essex, and get practical tips on choosing the right course and applying successfully.

> Tue 16 Jun 14:15-15:15 UK time

[Sign up](#) >



University mini-masterclass: explore the latest in law and legal studies

Students Virtual

Part of event series: [University mini-masterclasses](#) >

Dive into the future of legal practice and the foundations of British justice in this university taster session for aspiring law students. Academics from the universities of Bournemouth, Loughborough and Bradford will discuss the 'unwritten' British Constitution, navigating law in the AI world, and trace 25 years of family law as it adapts to our changing society in three mini-lectures giving you a glimpse into what studying law at university is really like!

> Tue 16 Jun 16:30-17:15 UK time

[Sign up](#) >



University mini-masterclass: exploring the theories that shape education

Students Virtual

Part of event series: [University mini-masterclasses](#) >

Ever wondered what studying education studies at university is really like? Join us for three mini-lectures that give you an inside look at the latest trending topics and cutting-edge research being taught at universities today! You'll hear from experts at University of Warwick, University of Wolverhampton and Nottingham Trent University as they explore why we learn the way that we do.

> Tue 16 Jun 17:30-18:15 UK time

[Sign up](#) >

FUTURES FOR ALL

Secure Your Students The Skills For Success

Your students' first steps to success with **Futures For All**. Bringing industry experts together with insights into employability careers.

[Learn more](#)

The Skills for Success
Careers in Employability

Virtual Work Experience

25th & 26th June | 9:30am – 2:00pm

- ✓ Explore careers in employability
- ✓ Develop key workplace skills
- ✓ Present your ideas to industry experts

Limited Spaces – Apply Now!

The Skills for Success – Careers in Employability is an exciting two-day virtual work experience designed to help you build the knowledge, confidence, and skills needed to thrive in the world of work.

Ready to be inspired and watch replays of previous live virtual broadcasts whenever you wish? As part of the Speakers for Schools programme, all recorded talks in our library are free and available on demand. Additionally, you can search and filter by speaker name, talk topic, and key stage suitability.

<p>FUTURES FOR ALL</p> <p>World Earth Day: Turning passion for the planet into real world impact with Sopra Steria</p> <p>with Sopra Steria's Environment & Sustainability Team</p> <p>World Earth Day</p> <hr/> <p>World Earth Day: Turning Passion for the Planet into Real World Impact</p> <p>with Sopra Steria</p> <p>📅 April 2026</p> <p>Career Talk 11-19 Environment or Sustainability</p> <p>Watch talk</p>	<p>FUTURES FOR ALL</p> <p>National Careers Week: Hospitality Careers Beyond the Kitchen</p> <p>with Kayleigh Thorogood, Operations Manager, North West Umbel Restaurants, Simon Rogan Restaurants.</p> <p>ACADEMY By Simon Rogan</p> <p>Inspirational Talk</p> <hr/> <p>Careers Week! Hospitality Careers Beyond the Kitchen</p> <p>With Simon Rogan Restaurants and supported by the Savoy Educational Trust</p> <p>📅 March 2026</p> <p>Broadcast 11-19 National Career's Week</p> <p>Watch talk</p>	<p>FUTURES FOR ALL</p> <p>Unlock careers of the future with Boots & No7 Beauty Company</p> <p>with Hayley Dennett & Trish Frettsome</p> <p>Boots Nº7 BEAUTY COMPANY</p> <p>National Careers Week</p> <hr/> <p>Careers Week! Unlock careers of the future with Boots & No7 Beauty Company</p> <p>with Boots</p> <p>📅 March 2026</p> <p>Career Talk 11-19 Careers week</p> <p>Watch talk</p>
<p>Disney · PIXAR</p> <p>HOPPERS</p> <hr/> <p>Careers Week! The Big Picture: Hoppers</p> <p>With Into Film, Disney & Pixar</p> <p>📅 March 2026</p> <p>Broadcast 14-19 National Career's Week</p> <p>Watch talk</p>	<p>FUTURES FOR ALL</p> <p>Breaking Barriers: My Journey into Oncology Pharmacy</p> <p>with Racheal Adeosun</p> <p>National Science Week</p> <hr/> <p>British Science Week: Breaking Barriers: My Journey into Oncology Pharmacy with Racheal Adeosun</p> <p>with Racheal Adeosun</p> <p>📅 March 2026</p> <p>Career Talk 11-19 STEM</p> <p>Watch talk</p>	<p>FUTURES FOR ALL</p> <p>International Women's Day: Celebrating Women in Industry with Weetabix</p> <p>with Emma Birr, Evie Elliott, Fran Theohaki & Emma Verlow</p> <p>THE WEETABIX FOOD COMPANY</p> <p>International Women's Day</p> <hr/> <p>International Women's Day: Celebrating Women in Industry with Weetabix</p> <p>with Weetabix</p> <p>📅 March 2026</p> <p>Career Talk 11-19 International Women's Day</p> <p>Watch talk</p>

Work Experience Finder

Search by company, industry or key word [→](#)

Use the Work Experience finder to locate many more opportunities.

unifrog

VWEX

VIRTUAL WORK EXPERIENCE

JUNE 29TH - JULY 3RD
2026

Learn what career opportunities each employer has to offer

Keep an open mind and try something new

Boost your CV with a certificate when you're done



You can gain all these employability skills

Sign up to as many days as you like **here**



JUNE
29 **sodexo**

Problem solving

Planning

Numeracy

JUNE
30 **NHS**

Observation

Caring

Resilience

JULY
1 **ASDA**

Critical thinking

Caring

Attention to detail / Observation

JULY
2 **HubSpot**

Problem solving

Communication

Creativity / Innovation

JULY
3 **METROPOLITAN POLICE**

Critical thinking

Communication

Working under pressure

Do not forget to log any activities / workshops or other events you attend on Unifrog under 'Activities'



Years 10
and 12
only

WORK EXPERIENCE

MONDAY 13TH – FRIDAY 17TH JULY 2026 (5 DAYS)

WHAT'S THE POINT?

Work experience is crucial for exploring career paths and gaining essential skills. It provides real-world exposure, boosts confidence, and helps build a professional network.

Key benefits include:

- Testing personal interests
- Developing transferable skills like communication and problem-solving
- Understanding the relationship between education and job opportunities

LOCAL BUSINESSES

You can find a list of local businesses in this file. Please note, the places listed here have not agreed to offer work experience, this is just a directory.

[Local businesses](#)
[Unifrog contacts](#)

FINDING A PLACEMENT

If you're not sure where to start, here are some useful ideas:

- **Ask around:** Speak to family members, friends, or neighbours – someone may know a workplace that can offer you a one-day placement.
- **Local businesses:** Visit shops, hairdressers, cafes, garages, nurseries, or offices nearby and ask politely if they offer short placements.
- **Email or phone employers:** Write a short message explaining that you're a student looking for a placement (include the dates)
- **Think about what interests you:** Whether you're interested in animals, technology, sport, healthcare, or something else, try contacting places linked to your interests.
- **Be flexible:** Many places are busy, so be open-minded and positive about a wide range of opportunities.

If you're stuck or need help, speak to your form tutor or the careers team – we're here to support you.

HOW TO GUIDES

Helpful links:

- How to guide - [finding a placement](#)
- How to guide - contacting potential employers
- How to guide - [Researching possible placements](#)
- How to guide - [Uploading your placement on Unifrog](#)



WORK EXPERIENCE

MONDAY 13TH – FRIDAY 17TH JULY 2026

CONTACTING POTENTIAL EMPLOYERS

It can be really nerve-wracking contacting employers to ask them for work experience. But it doesn't have to be that way!

On this page, we'll discuss how to be prepared when contacting employers.

- Use your school email address
- Use a straight-to-the-point subject.
- Use the employer's name if you know it, or Sir/Madam if you don't.
- Remember to proof read the email so there aren't any mistakes.

SETTING THE EMAIL OUT

Your email should be professional and include all relevant information:

- **Paragraph 1:** Introduce yourself and the school or college you go to.
- **Paragraph 2:** Say a little about why you are interested in the industry; a couple of sentences is enough. This shows that you've done research and have thought carefully about where you'd like to do work experience.
- **Paragraph 3:** Politely ask about work experience opportunities on dates you are able to attend. You can also ask for a meeting/phone call here too.

Emailing an employer

To: hello@StarkIndustries.com

Subject: Work experience

Dear Mr. Stark,

My name is Peter Parker and I am a student at Midtown High School.

My interest in work experience with the Avengers was sparked when I visited your laboratory in Malibu, where I got to see your inventions. I have worked very hard to develop my teamwork skills and spider sense. I feel that with some guidance, I would be a great addition to the Avengers team.

I am looking to do some work experience between the dates of 10-24th February, to help develop my competencies and start to learn how to protect Earth. Do you have any spaces for work experience students at that time? I have attached a copy of my CV for your records.

Yours sincerely,
Peter Parker



WORK EXPERIENCE

MONDAY 13TH – FRIDAY 17TH JULY 2026 (5 DAYS)

RESEARCHING POSSIBLE PLACEMENTS

It can be difficult to know where to start looking for work experience and find a workplace that you're interested in. This session is here to help though!

Your placement will give you the chance to explore a workplace of interest to you. That way, you'll find out whether you it could suit you in the future!

Researching the work experience options in your area is great way to figure out what you are interested in learning about.

THE UNIFROG APPRENTICESHIP TOOL

The Unifrog Apprenticeships tool isn't just for looking for apprenticeships!

The tool can help you to:

- Search for businesses to approach for work experience
- Get an idea of the types of industries that are available in your area

The Apprenticeship tool also shows you businesses that you're interested in on a map, so you can see how far they are from home!

Start by logging into your Unifrog account...

To use the Apprenticeships tool on your homepage:

- Search across various industries and select up to ten to explore.
- Filter results by travel distance using the map.
- Rank your results by "Distance from home" on the next page.
- Choose your preferred opportunities to create a shortlist.

This shortlist provides employer information, required skills, and job locations.

- Use the tool to identify companies for work experience.
- Note company names and your reasons for interest.

Conduct further research for contact details before reaching out. Don't forget to save to your Locker!

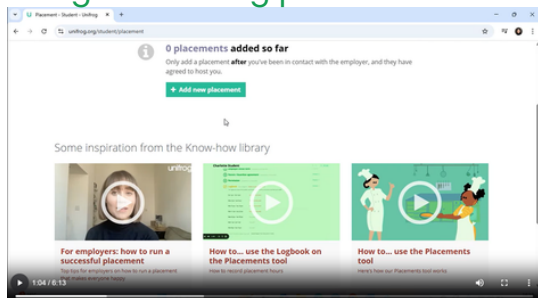


WORK EXPERIENCE

MONDAY 13TH – FRIDAY 17TH JULY 2026

UPLOADING YOUR PLACEMENT

We use Unifrog's placement tool to make sure all the paperwork and compliance is completed before you go on your work experience. Once you have agreed with an employer that you are able to work, you need to complete a form online. You can watch this handy [video](#) which will lead you through using the Unifrog placement tool.



THE UNIFROG PLACEMENT TOOL

At a basic level the tool is a series of forms which need to be completed by specific people at specific times; when one person finishes their form, the system automatically messages the next person in the chain.

The tool makes it easy:

- For students to get the ball rolling, then reflect on the placement afterwards;
- For the employer to follow
- For the parent/guardian to agree to the placement and stay informed of what's happening;
- For the school/college coordinators to have an overview of the whole process

Open the **placements** tool, via a tile on your homepage.

- Click 'Add new placement'
- Enter your start and end date, and placement advisor (Mrs Bull)
- For time commitment, choose 'full time', and choose 'in-person' for how you will meet the employer
- Complete the employer details, you will need to put in an address including postcode.
- Explain how you will travel to your placement
- Write down your objectives for the placement, this will go to the employer
- Enter the employer details - double check to make sure this is correct. It must be accurate or the employer won't get their email!
- Input your details, and your parents details. Again, make sure the email is correct as they will need to approve the placement.
- Check the tick boxes and click 'add placement'

Placements
0 placements added so far

Logistics
* Describe the time commitment: Full time
* Will you meet the employer in-person (not on a video call) at any point during the placement? --select--

Employer contact details
* Employer placement lead: name: eg Tim Cook
* Employer placement lead: email: eg tcook@apple.com
* Employer placement lead: email (again): eg tcook@apple.com
* Employer placement lead: phone number: -- country code -- Phone number

Do you agree to:
-Lifting sending your details to the employer email address you've provided;
-Abiding by any confidentiality policies held by the employer;
-Observing all safety, security and other policies laid down by the employer;
-Informing the employer and school/college as soon as possible of any absences?

* Agree I agree to all four points above.

Form finished? Check this form as finished and notify employer to fill in their initial form Add placement Cancel changes